



## COMMUNITY ABUSE PREVENTION SERVICES AGENCY

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### **News Release** *For Immediate Release*

#### **CAPSA First Annual 5K “Run From Violence” is a success**

**LOGAN, Utah – May 2, 2009** – Over 190 participants and volunteers braved the cold and the pouring rain for CAPSA’s first-ever 5K Run From Violence fundraiser on Saturday, May 2.

The race was organized to raise awareness during Sexual Assault Awareness Month, and the money donated by race participants will go directly to help victims of domestic violence and rape in Cache Valley, through the Community Abuse Prevention Services Agency (CAPSA).

“For our first-ever 5K race, this was an incredible success,” said Amy Nielson, CAPSA race organizer. “We would like to thank everyone who came, in spite of the weather, to support CAPSA.”

The top overall runner, Carson Campbell, finished the race in 17 minutes, 22 seconds, with 97 additional runners following behind. Several more supporters participated in a one-mile Family Walk to help raise money for CAPSA, and those who could not race generously donated money to support the cause.

Full race results and runner times will be posted on CAPSA’s website at [www.capsa.org](http://www.capsa.org).

Sponsors for the event included Cache Sun ‘n’ Snow Runners, Cache Valley Bank, Culligan Water, Ensign Toyota/Honda, KOOL 103.9, Lee’s Marketplace, Logan Lanes, Papa Kelsey’s & Henry, Pride Embroidery & Screen Printing, the U.S. Army Recruiting Office of Logan, and USU Charter Credit Union.

Body Balance Chiropractic is also offering a Mother’s Day Special May 11-15 in conjunction with the CAPSA 5K Run From Violence fundraiser, and all proceeds from that week will be donated to CAPSA. For more details on the special, call Body Balance Chiropractic at 435-755-3432.

Winners received prizes generously donated by The Bluebird, Café Sabor, Caffe Ibis, Cold Stone Creamery, Crumb Brothers Artisan Bread, Dollar Cuts, Einstein Bagels, Fredrico’s Pizza, Macey’s, Pita Pit, Smith’s Marketplace, Sports Academy, The Sportsman, and Westates Theatres.

“We appreciate the generosity of the local businesses who sponsored our event,” said Nielson, “and we encourage everyone to support the local businesses that give so generously to organizations like CAPSA in our community.”

CAPSA is planning to make the 5K Race an annual event during Sexual Assault Awareness Month. For more details about CAPSA programs and fundraisers, visit [www.capsa.org](http://www.capsa.org).

CAPSA’s next fundraiser will be the 22<sup>nd</sup> Annual Golf Tournament at the Logan Golf & Country Club on Monday, June 1. To sign up a golf foursome, become a sponsor, or find more information, visit [www.capsa.org](http://www.capsa.org) or call 435-753-2500.

## **About CAPSA**

CAPSA is a non-profit organization located in Logan that is dedicated to providing safe, caring, and confidential shelter, advocacy, and support for victims of domestic violence and sexual assault, and to reducing incidents of abuse through prevention education. CAPSA services include a 24-hour crisis line and mobile crisis response team; emergency shelter and food; individual crisis intervention and case management; educational support groups; coordination of services with other local agencies; assistance with sexual assault forensic exams and law enforcement interviews; protective order and civil stalking injunction assistance; court advocacy; children's programs; and educational presentations and workshops. All CAPSA services are free and are provided in English and Spanish.

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