



capsa

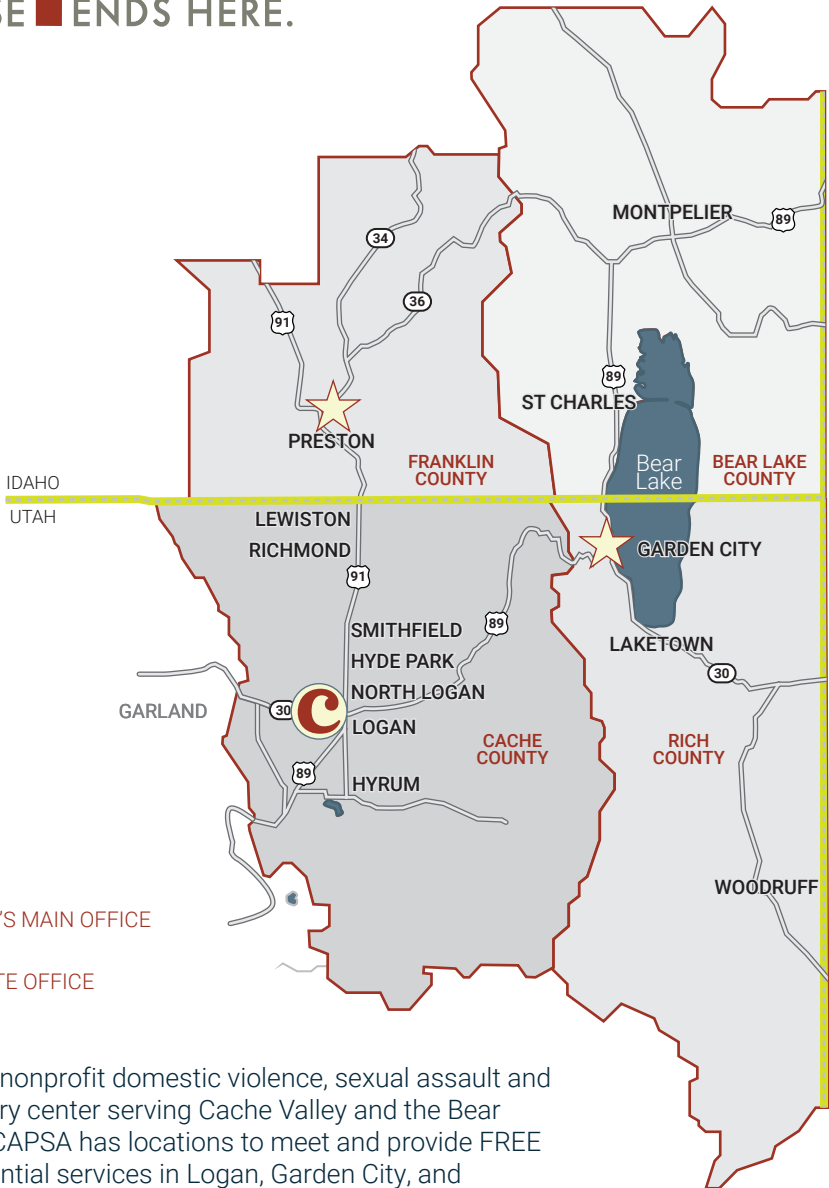
ABUSE ENDS HERE.

IMPACT REPORT

Report on FY24 (July 2023 - June 2024)
and future plans to provide hope!

capsa

ABUSE ENDS HERE.



CAPSA is a nonprofit domestic violence, sexual assault and rape recovery center serving Cache Valley and the Bear Lake area. CAPSA has locations to meet and provide FREE and confidential services in Logan, Garden City, and Preston.

The stories in the Impact Report have had identifying information and details changed for confidentiality. The photos include current and past employees; however, the survivors depicted are models.

LETTER FROM CAPSA'S EXECUTIVE TEAM



Dear Supporters,

Thank you. Your steadfast support this year has empowered us to offer hope and refuge to survivors of domestic violence and sexual assault across Northern Utah and Southeast Idaho.

From our beginnings in 1976, the support from this community has transformed CAPSA from a hotline into a beacon of hope. Standing with

you, we remain committed to providing comprehensive, confidential services tailored to each survivor's unique circumstances.

CAPSA is celebrated and widely recognized as the premier model of social impact organizations. Setting the benchmark in our field, CAPSA consistently leads and drives transformative change for the greater good.

With domestic violence and sexual abuse impacting 1 in 3 women and 1 in 5 men, this private violence often happens behind closed doors, making it hard to see how it touches the lives of people we know and care about—friends, family members, co-workers, and neighbors. Your support ensures CAPSA's services are available to those in your circle and across our community.

Last year alone, CAPSA served 2,429 individuals. This incredible impact was made possible by the unwavering support of our community.

Your donation provides critical resources funding programs that transform and often save lives. Each donation, volunteer hour, and word of encouragement is essential, unlocking new beginnings for those facing their darkest moments. Together, we're not just changing lives; we're transforming futures.

Thank you for being part of our mission and inspiring a legacy of strength, hope, and resilience.

With gratitude,

Jill Anderson
CEO & Executive Director

Misty Hewitt
Chief Program Officer

James Boyd Jr.
Chief Development Officer



CAPSA'S SUPPORT

INDIVIDUALS SERVED 2,429



OUTREACH CASEWORK

INDIVIDUALS 1,539 | CASEWORK HOURS 6,243



SUPPORT GROUPS

ADULT PARTICIPANTS 199 | SESSIONS 164



CLINICAL THERAPY

CLIENTS 529 | THERAPY HOURS 5,530



CHILDREN AND YOUTH SERVICES

YOUTH SERVED 370 | YOUTH ADVOCACY HOURS 2,458

CRISIS/SUPPORT PHONE LINE

CRISIS CALLS 8,612 | 23.6 AVERAGE PER DAY



EMERGENCY SHELTER

INDIVIDUALS 345 | SHELTER NIGHTS 7,084



TRANSITIONAL HOUSING

HOUSEHOLDS 69 | INDIVIDUALS 186



PREVENTION AND TRAINING

PRESENTATIONS 917 | PARTICIPANTS 17,584



CAPSA VOLUNTEERS

ACTIVE VOLUNTEERS 121 | HOURS 36,324





HOW YOUR SUPPORT FUNDS LIFE-CHANGING SERVICES

In this report, we share stories that underscore the invaluable support CAPSA provides to survivors and their families. While our services—shelter, housing, and clinical therapy—are costly to maintain, they are offered free of charge, thanks to our community's support.

EVERY DONATION, BIG OR SMALL, SUPPORTS CRITICAL SERVICES

For transparency and to highlight the impact of your generosity, here are the service costs based on last year's budget and service counts:

	FY24 BUDGET	FY24 COUNTS	COST PER COUNT
Crisis Phone Call	\$ 91,806	8,612	\$ 11
Casework (per individual)	\$ 625,144	1,539	\$ 406
Casework Hours		6,243	\$ 100
Shelter (per individual)	\$ 755,526	345	\$ 2,190
Shelter (per days)		8,320	\$ 91
Housing (per household)	\$720,623	69	\$ 10,444
Clinical Therapy (per client)	\$837,034	529	\$ 1,582
Youth Advocacy (per youth)	\$406,370	370	\$ 1,098
COACH Funds	\$240,000		

STORY OF HELP



SAFE HOME

A mother and her two children were trapped and isolated in their home. Her husband was physically and emotionally abusive, and although she believed she was shielding her children from the abuse, the turning point came when her seven-year-old daughter witnessed her being strangled.

Overwhelmed and scared for herself, and even more terrified for the emotional scars on her children, she decided they had to leave. She reached out to CAPSA's crisis phone line, and, over several calls, worked with a caseworker to craft a plan for a safe departure. They fled their home during a brief window when her husband was out on an errand.

Upon arriving at CAPSA's emergency shelter, her first request was to sleep, revealing, "I haven't slept in months, fearing what he might do next."

During their stay, she met daily with her caseworker to devise a tailored action plan, with employment and housing as primary goals.

CRISIS PHONE LINE
4 calls
\$44

EMERGENCY SHELTER
Mom & two children
\$6,570



CAPSA's youth advocates also stepped in, focusing on her children's emotional healing. Their support continued when they found safe housing, with home visits and support groups.

Securing a job at a call center, she began applying for rentals. It was then she discovered her partner had taken out credit cards in her name, damaging her credit. Devastated and fearing she'd never find a home, **her caseworker arranged for her to move into a home in Independence Place, a CAPSA-owned neighborhood.**

Imagine the joy and hope she felt walking her children into their own home - a truly safe home. As part of CAPSA's transitional housing program, they received ongoing support from housing caseworkers, including home visits and support/educational groups.

She and her eldest child benefited from CAPSA's clinical therapy. At her call center job, a customer with a deep voice once triggered a panic attack. She later shared that CAPSA's therapy "helped me learn how to recognize my trauma and use grounding techniques to center myself." For her seven-year-old daughter, therapy was a healing sanctuary where she was able to process her fears and her own trauma.

YOUTH ADVOCATES

Two children
\$2,197

CAPSA HOUSING

1.5 Years
\$15,666

CLINICAL THERAPY

Mother & one child
\$2,373

The legal journey, from divorce to creditor negotiations, was both challenging and costly. Thankfully, **CAPSA's COACH funds helped cover some expenses, allowing her to finalize her divorce just over a year after leaving.**

COACH FUNDS

Legal Fees
\$2,500.00

After 1.5 transformative years, first in CAPSA's shelter and then CAPSA's transitional neighborhood, the family was ready and financially stable enough to move into their own place. **In gratitude, she expressed, "I am so grateful for CAPSA and wish to move out early, so this home will be available for the next family like mine."**

TOTAL COST FOR CRISIS AND SUPPORTIVE SERVICES FOR THIS FAMILY WAS \$29,350





STORY OF SAFETY

FROM SILENCED

Immigration status is often weaponized in abusive relationships. One woman's husband used her uncertain immigration status as a means of control, frequently threatening to have her deported.

CASEWORK
\$406

When she discovered she was pregnant, the emotional abuse and fear of what might happen became unbearable. She initially contacted CAPSA, where her caseworker observed her to be extremely timid—her voice essentially stifled by her circumstances.

EMERGENCY SHELTER
\$3,285

Out of fear, she disengaged with CAPSA. Although we were concerned for her well-being, we respected her choice to stay with her abuser and assured her that CAPSA would be here whenever she was ready to return.

Months later, after the birth of her son, she did return, seeking refuge in CAPSA's emergency shelter.

During her stay in shelter, we provided legal support, including filing a Protective Order and connecting

CAPSA HOUSING
\$8,355

COACH FUNDS
\$950.00

her with **specialized legal services** to navigate the complexities of domestic abuse intertwined with immigration issues.

Because her citizenship status would make finding housing nearly impossible, **we placed her in one of CAPSA's owned homes, which she ultimately utilized for 8 months.**

During the legal process, it came to light that her husband had deliberately withheld vital documentation, obstructing her from securing her Green Card. **With the help of CAPSA's COACH Funds, she had the funds to petition on her behalf. The outcome was transformative: she was able to obtain her Green Card and residency.**

But perhaps the most significant transformation was internal. When the time came to appear in court for her Protective Order, she amazed her caseworker by confidently advocating for both herself and her son.

The once-timid woman had found her voice. As she exited the courtroom, her gratitude was heartfelt. "I feel free, I feel safe, and I feel like there is a future for me and my son—thank you," she expressed.

TOTAL COST FOR CRISIS AND SUPPORTIVE
SERVICES WAS \$12,996

TO EMPOWERED





STORY OF HOPE

One woman, perpetually walking on eggshells within her marriage, didn't think CAPSA could assist her. "Because he never hit me," she said. His abuse was more insidious — belittling her, criticizing her appearance, giving her the silent treatment, and then blaming her for his behavior.

Her perspective began to change **during a company-sponsored CAPSA training on domestic violence. She learned about various forms of abuse, including emotional, psychological, and financial.** She still questioned whether CAPSA's services could help her, but began to wonder.

The catalyst for her decision to contact CAPSA was a harsh verbal tirade from her husband, who was angry that dinner wasn't ready.

At that moment, **she decided to call CAPSA's crisis line.** Initially withholding her name due to apprehension, **she found an empathetic and non-judgmental listener in a CAPSA caseworker.**

BUSINESS TRAINING
\$250.00

CRISIS PHONE LINE
3 calls
\$33.00

Over several calls, a cautious trust was established, and she began to meet with her caseworker in person.

Initially, she wanted to remain in the marriage but sought ways to feel empowered. **She appreciated that the caseworker respected her choices, including her decision to stay in the relationship.**

To help her become more empowered, her caseworker referred her to CAPSA's clinical therapy program.

CASEWORK
\$406

CLINICAL THERAPY
\$1,582



HELP & HEALING

Her therapist shared, "During a breakthrough session, she decided to seek a divorce, recognizing her own strength and the need for independence. This was a significant milestone."

With the continued support of her CAPSA caseworker, she was able to find a new place to live and initiate the divorce process. Reflecting on her journey, her caseworker stated, "Helping someone reclaim their autonomy and freedom is why we do what we do at CAPSA."

TOTAL COST FOR CRISIS AND SUPPORTIVE SERVICES FOR
THIS WOMAN WAS \$2,271

HOPE



**YOUR
SUPPORT
CHANGES
LIVES**



DONATE

TRANSFORM LIVES THROUGH YOUR DONATION

In our community, many neighbors, friends, and family members silently endure the aftermath of abuse, carrying the weight of trauma in isolation. They need more than hope; they need life-changing support – support your generosity can bring through CAPSA.

This year, we need to raise \$1,789,860 from private donations, foundations, and events to sustain our essential services (details on pages 21-22). Every dollar counts. Whether you give a little or a lot, your contribution directly transforms lives, providing critical resources and support when needed most.

As we expand into Idaho, the need for additional resources grows. We're dedicated to enhancing our services with the funds collected, ensuring every dollar makes a significant impact (see pages 18-19).

Looking ahead, we aspire to create an enduring legacy of assistance and hope. By contributing to our endowment fund, you're not just donating; you're investing in a future where support for survivors is constant and reliable (details on pages 22-23).

DONATE TODAY!

When you contribute to CAPSA, you become the champion of change, providing immediate aid like our crisis line, and long-term solutions such as housing and therapy. **You are not just giving resources, you're giving the gift of a fresh start and a safer tomorrow.**



ONLINE:

capsa.org/donate

BY MAIL:

CAPSA
P.O. Box 3617
Logan, UT 84323

FUNDRAISING PRIORITY PLAYGROUND

TURN PLAY INTO POWER

CAPSA is excited to enhance our youth and children's services with a new playground zone. This secure area, located behind the outreach office, will provide a space where youth advocates can transform play into meaningful engagement. The playground will feature age-appropriate zones, sensory-rich activities, ample shade for summer play, and enhanced safety measures.

Gift a safe space where play sparks healing and growth. Your support lays the foundation for a safe space to experience needed play, which will create a brighter, joyful future for our children.

The project cost is \$450,000.

Learn more and donate at: capsa.org/about/playground





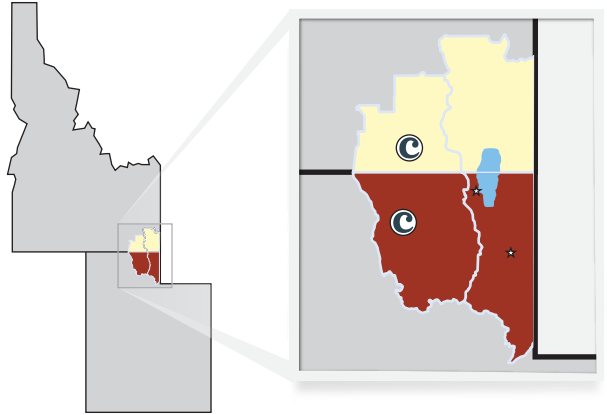
ANNOUNCING

CAPSA OF IDAHO

MEETING THE NEED

In response to requests from law enforcement and civic leaders, we are prioritizing the establishment of a CAPSA branch in Preston, Idaho. Over the next three years, our goal is to deploy multiple program staff members, such as caseworkers and therapists, to a CAPSA of Idaho office.

The Franklin County Medical Center (FCMC) has generously pledged office space in their new medical office building, including current space for CAPSA staff to use when traveling to Preston, supporting needed space to meet with survivors and honoring referrals from law enforcement and medical personnel.



HELP SUPPORT GROWTH

As CAPSA grows into Idaho, we invite you to join us on this groundbreaking journey.

Learn more and donate at: capsa.org/about/idaho

Note: All funds earmarked for Idaho will support Idaho programs and operations.





OPERATING BUDGET

Ensuring that our expansion does not dilute our current services is paramount. To that end, we are actively seeking new funding sources and donations, specifically for Idaho services. The projected operating budget for the next three years is outlined as follows:

	FY25	FY26	FY27
Travel	\$ 2,500	\$ 5,000	\$ 5,000
Salary & Benefits	\$ 20,000	\$ 80,000	\$ 160,000
Supervision - Program	\$ 15,000	\$ 25,000	\$ 25,000
Utah Staff Support	\$ 20,000	\$ 40,000	\$ 40,000
Insurance /Licenses	\$ 11,250	\$ 31,250	\$ 31,250
Tech/Office Supplies	\$ 4,000	\$ 8,000	\$ 8,000
Service Awareness	\$ 50,000	\$ 100,000	\$ 100,000
Housing (rent & repairs)	\$ 0	\$ 48,000	\$ 48,000
TOTAL EXPENSE	\$ 122,750	\$ 337,250	\$ 417,250

Additional capital expenses include the purchase of a fourplex for transitional housing at \$1 million and raising funds for a stand alone CAPSA campus in Franklin County.

CAPSA OF IDAHO CORPORATE SPONSORS



FINANCIAL TRANSPARENCY

	REVENUE (excluding fundraising)	EXPENSE	FUNDS TO RAISE
Shelter	\$ 702,802	\$ 864,681	\$ 161,878
Housing	\$ 843,111	\$ 994,391	\$ 151,280
Outreach Casework	\$ 830,578	\$ 980,471	\$ 149,893
Clinical Therapy	\$ 571,014	\$ 954,579	\$ 383,565
Children & Youth Services	\$ 321,628	\$ 467,271	\$ 145,643
Prevention and Community Engagement	\$ 591,072	\$ 776,156	\$ 185,084
Business Operations	\$ 212,065	\$ 601,583	\$ 389,518
Endowment	\$ 432,803	\$ 432,803	-

CAPSA's FY25 Operating Expenses are \$6,069,734, which requires **\$1,789,860 IN DONATIONS FROM INDIVIDUAL & ORGANIZATIONS** ←

SHELTER	PROJECTED REVENUE	
	Fed or State Grants	\$ 636,803
	Fees to Clients	\$ -
	COACH Funds	\$ 65,999
		\$ 702,802
DONATIONS NEEDED \$161,878		

BUDGETED EXPENSE	
Salary/Benefits	\$ 508,604
Program Expenses	\$ 63,753
Utilities	\$ 52,087
Insurance/Building	\$ 79,238
Hotel Expenses	\$ 80,000
Service Awareness	\$ 15,000
COACH Funds	\$ 65,999
	\$ 864,681

HOUSING	PROJECTED REVENUE	
	Fed or State Grants	\$ 562,111
	Rental Assistance	\$ 190,000
	COACH Funds	\$ 91,000
		\$ 843,111
DONATIONS NEEDED \$151,280		

BUDGETED EXPENSE	
Salary/Benefits	\$ 368,342
Program Expenses	\$ 55,058
Utilities	\$ 33,333
Insurance/Building	\$ 184,508
Housing Assistance	\$ 247,150
Service Awareness	\$ 15,000
COACH FUNDS	\$ 91,000
	\$ 994,391

FY25 PROGRAM AND OPERATION BUDGET

FY25 Financial are July 1, 2024 - June 30, 2025

OUTREACH

PROJECTED REVENUE

Fed or State Grants	\$ 764,578
Fees to Clients	\$ -
COACH Funds	\$ 66,000
	\$ 830,578

DONATIONS NEEDED \$149,893

BUDGETED EXPENSE

Salary/Benefits	\$ 691,368
Program Expenses	\$ 177,301
Utilities	\$ 5,997
Insurance/Building	\$ 24,805
Service Awareness	\$ 15,000
COACH Funds	\$ 66,000
	\$ 980,471

THERAPY

PROJECTED REVENUE

Fed or State Grants	\$ 571,014
Fees to Clients	\$ -
	\$ 571,014

DONATIONS NEEDED \$383,565

BUDGETED EXPENSE

Salary/Benefits	\$ 861,342
Program Expenses	\$ 47,020
Utilities	\$ 6,151
Insurance/Building	\$ 25,066
Service Awareness	\$ 15,000
	\$ 954,579

CHILDREN

PROJECTED REVENUE

Fed or State Grants	\$ 291,628
Fees to Clients	\$ -
Staff Daycare	\$ 30,000
	\$ 351,628

DONATIONS NEEDED \$115,643

BUDGETED EXPENSE

Salary/Benefits	\$ 407,419
Program Expenses	\$ 28,858
Utilities	\$ 4,449
Insurance/Building	\$ 19,045
Service Awareness	\$ 7,500
	\$ 467,271

COMMUNITY

PROJECTED REVENUE

Fed or State Grants	\$ 591,072
Fees to Community	\$ -
	\$ 591,072

DONATIONS NEEDED \$185,084

BUDGETED EXPENSE

Salary/Benefits	\$ 705,804
Program Expenses	\$ 53,005
Utilities	\$ 1,823
Insurance/Building	\$ 8,024
Service Awareness	\$ 7,500
	\$ 776,156

CAPSA ENDOWMENT

WHAT IS AN ENDOWMENT

An endowment is a permanent, self-sustaining source of funding. Endowment funds are restricted (not spent) and invested, which generate dividends to support CAPSA programs. An endowment provides stability and ensures CAPSA's future financial health - allowing CAPSA to weather funding crises, which may include future pandemics and/or funding insecurity, such as a loss of a grant.

THE NEED

CAPSA's programs are funded primarily by competitive grants, which are not guaranteed - grants require reapplying every one to two years and may not renew. Since most grants fund multiple positions across departments, when grants don't renew, CAPSA is forced to end program(s) and let staff go, hurting survivors.

CAPSA'S ENDOWMENT

CAPSA's programs are well developed and staffed by experts who provide life-saving and life-changing advocacy and support to our clients. An endowed gift supports programs today and in the future.

CAPSA's endowment goal is \$15,000,000 - this goal will diversify CAPSA's funding so that 15% of the total operating revenue or \$600,000 is generated by our endowment to support programs and business operations.

NAMED ENDOWMENT

Named endowments are created with an initial donation of \$1,000,000 or the intent for multiple donations to exceed \$1,000,000. Until a named endowment reaches \$500,000, it will be managed in the primary fund and the purpose will remain unrestricted. The contributions will be tracked and reported as an account note.

Please note: A named endowment under \$500,000 that does not receive new contributions for more than five years, at the board's discretion, can be unrecognized and rolled into the primary endowment fund.



PLANTING THE SEED OF FUTURE HOPE



BECOME PART OF CAPSA

"I am so grateful for CAPSA and everyone who is a part of it. This was a blessing for myself and my daughter. Finally, I've gotten the help I needed and now I am – FINALLY – making roots and I am safe."

Survivor

CAPSA'S ENDOWMENT

CAPSA Program Endowment	\$ 4,046,616
Charis Legacy Foundation Endowment	\$ 100,000
Donna and Kent Alder's Endowment	\$ 100,000
Board Legacy Endowment	\$ 211,050
Mackenzie Madden and Johnathon Sadler Endowment	\$ 5,030
CAPSA Endowment Balance	\$ 4,462,696

WASATCH CAPSA SUPPORT FOUNDATION

Wasatch CAPSA Support Foundation is an independent 501(c)(3) organization established by Dell Loy Hansen, Scott Stettler and Wasatch Companies to provide financial support to CAPSA. The majority of the principle of this foundation is real estate investments/ownership in Wasatch properties. The goal of this foundation is to help cover CAPSA's housing program expenses.

Wasatch CAPSA Support Foundation	\$ 1,667,756
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Balances are at the time of publication

SUSTAINING SPONSORS

CAPSA provides various sponsorship opportunities, each offering unique ways to support our mission.

OFFICE SPONSORSHIP

For an annual commitment of \$4,000, your name or logo will be displayed outside a program staff's office, acknowledging your support to all CAPSA's stakeholders.

NEIGHBORHOOD SPONSORSHIP

For a \$4,000 annual donation, support CAPSA's housing programs and communities. You'll participate in service projects and be recognized at events and in our annual report, knowing your contributions are making a real difference.

HOME SPONSORSHIP

With a \$6,000 annual donation, you'll receive all Neighborhood Sponsor benefits, and a sign displayed on one of CAPSA's homes. This sum represents the average housing assistance cost at CAPSA.



THANK YOU!

OFFICE SPONSORS



Altabank™

Division of Glacier Bank

ADAMS
WEALTH ADVISORS

SOMEBODY'S
ATTIC
— THRIFT BOUTIQUE —

Auto-Owners
INSURANCE

ZIONS BANK®

SentryWest
INSURANCE SERVICES

Stokes
Trucking



SUSTAINING SPONSORS



INDEPENDENCE PLACE
9 HOMES



HANSEN FOURPLEX
4 UNITS



INDEPENDENCE WAY
5 HOMES & TRIPLEX



Altabank[™]

Division of Glacier Bank



FIGHT
AGAINST DOMESTIC
VIOLENCE[™]

MIKE & SHELLEY FUNK



CHARIS
LEGACY
FOUNDATION

THANK YOU!

HOME & NEIGHBORHOOD SPONSORS



MEASOM FAMILY
Foundation

MIKE & RONDA
CALLISTER

Timo & Judy

JONES
Family Foundation

THE KIRBY FAMILY

iFIT > FOUNDATION


Schreiber®


**CACHE
VALLEY
BANK**

NED & GAIL WEINSHENKER

THANK YOU!

FOUNDATIONS, GRANTS & CORPORATE DONATIONS



THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS



**THE DELL LOY
HANSEN FAMILY
FOUNDATION**



**Intermountain
Health**

**GEORGE S. AND DOLORES DORÉ ECCLES
FOUNDATION**





DONATE

TRANSFORM LIVES THROUGH YOUR DONATION

CAPSA can only provide this support because of financial contributions from our community. Donations to CAPSA, regardless of the amount, directly fund critical support services. Your donation stays local, creating real change for individuals and families in our community. Donate today to fund life-changing and life-saving programs.

Domestic and sexual violence are not just statistics; they are the silent struggles endured by our neighbors, friends, and family members. In our community, 1 in 3 women and 1 in 5 men will experience such trauma, carrying the weight of abuse in isolation. These individuals need more than hope; they need tangible, life-altering support – the kind of support that only your generosity can provide!

DONATE TODAY!

When you contribute to CAPSA, you become a **champion of change**, providing immediate aid like our crisis line and long-term solutions such as housing and therapy. You are not just giving resources; you're giving the gift of a fresh start and a safer tomorrow.

ONLINE:

capsa.org/donate

BY MAIL:

CAPSA
P.O. Box 3617
Logan, UT 84323-3617



ANOTHER WAY TO SUPPORT SOMEBODY'S ATTIC

THRIFT BOUTIQUE

Somebody's Attic is a local thrift store, with two locations in downtown Logan and one in Smithfield; they raise funds for CAPSA. Last year, Somebody's Attic donated over \$100,000 to CAPSA.

When you donate to and shop at Somebody's Attic, you are supporting CAPSA and those we serve.

ONLINE AT SOMEBODYSATTICS.ORG

capsa

THAN



DONOR HIGHLIGHT

THANK YOU

DELL LOY HANSEN

Dell Loy Hansen's commitment to CAPSA over the past 25 years has transformed our organization. His passion for affirming the dignity of individuals and families and funding life-changing services has directly supported tens of thousands of survivors. Dell Loy's decisive philanthropy has revolutionized our housing program, making CAPSA's transitional housing a national model. His visionary support has ensured dignity and independence for those we serve.

Dell Loy's unique ability to create a network of support across the community, among Wasatch Companies, and among Wasatch investors has created significant impacts, magnifying the reach and effectiveness of our programs. This enduring partnership has created lasting, positive change for countless families, embedding hope and resilience in our community.

Thank you, Dell Loy and everyone at Wasatch, for your support. Your continued commitment is crucial to sustaining the Wasatch Legacy and empowering future survivors to reclaim their lives.

Learn more at www.capsa.org/DLH



